

Cancer Treatment Alternatives: Non Toxic and Low Toxic
Effective Alternatives in the Treatment of Cancer

Presented by Richard Linchitz, M.D.

What is Cancer?

- Definition: a process of inappropriate, uncontrolled cell growth. When this growth invades adjacent tissues, it is called “malignant” or “cancer”
- #1 Killer in the United States
- Increasing frequency of occurrence
- Now 46% of men and 38% of women will be diagnosed with cancer during their lifetime.
- The “War on Cancer” has been a dismal failure – often early diagnosis leads us to believe that survival times are getting longer

What is Cancer?

- “Modern” oncology relies on a theory developed by W.S. Halstead around the turn of the 20th century. His focus was on the tumor and not on the “Cancer Physiology” that creates and maintains cancer.
- The key to effective cancer treatment is **both** to kill cancer cells **and** to reverse cancer physiology.
- These cells are usually readily destroyed by a healthy immune system.

What causes cancer?

- Cellular oxygen deficiency
- Long term nutritional deficiencies
- Metabolic toxins
- Heavy metal toxicity
- Environmental exposures
- Medications
- Genetic predisposition
- Negative psycho-emotional balance

What can I do to maintain a healthy immune system to avoid cancer?

- Healthy diet....organic, lots of vegetables, mostly raw, according to metabolic type
- Regular exercise ***and*** rest
- Adequate sleep
- Stress management
- Detoxification
- Proper supplementation

What do I do if I am diagnosed with cancer?

- Historically: Surgery, radiation and chemotherapy
- Choice dependent upon type and progression

What are the side effects of each?

- Surgery:
 - Pain and disability
 - Reduction in immune function
 - Possible spread of cancer
- Radiation
 - Destruction of normal tissue
 - Reduction in immune function
- Chemotherapy
 - Destruction of normal tissue
 - Reduction in immune function

Are there other alternatives?

- “Holy Grail” of oncology = “Targeted Chemotherapy”
- Kill Cancer cells while sparing normal healthy cells
- We’ve had ability to target chemotherapy for over 50 years!
- Ignored by mainstream medicine

Dynamics of Cancer Cells

- Cancer cells need much more sugar to grow and proliferate than normal cells
- Need more because their metabolism is more primitive and inefficient
- Cancer cells have 6x the number of insulin receptors on their surface
- Insulin attaches to the receptor
- Cell becomes permeable and “open” allowing sugar and chemicals to enter

Dynamics of Cancer Cells

- Cancer cells also have 17x more IGF-1 (insulin like growth factor) receptors which stimulate cell division and growth
- Only 20% of cancers cells in growth phase at a given time
- In growth phase, the cells are vulnerable to chemo agents
- With full dose chemo, only 20% are vulnerable!
- When insulin is given, it activates the IGF receptors and the cancer cells are temporarily pushed into the growth phase making them susceptible to chemo killing

Insulin Potentiation Therapy (IPT)

- Dose = ~10% of full dose chemo
- Goes into cancer cells preferentially
- Leaves little to harm healthy cells
- Side effects minimal
- Patients feel energized, not ill
- Appetite increased vs. decreased
- Hair loss rare
- Immune system is spared
- Patients are healthy and Rx can be given more frequently and regularly
- Cancer cells do not recover between Rx (as can happen with full dose chemo)

Our Comprehensive Cancer Treatment Protocol

- IPT
- Nutrition
 - Cut or drastically reduce sugar intake and refined carbohydrates, starchy vegetable and all high glycemic load foods
 - Choose all organic
 - Avoid metal contaminated seafood, grain fed beef, etc.
- Lifestyle Counseling

Our Comprehensive Cancer Treatment Protocol

- Biological Dentistry Assessment
- Supplements
- Stress assessment
- Begin IPT
 - IPT
 - Detoxification
 - Nutrition
 - IV vitamin therapy
 - Counseling

Supplements in Cancer Treatment

- It's a misconception that antioxidants and other supplements are contraindicated with chemo or radiation - most studies actually show a benefit (recent review showed 24 of 27 studies demonstrated improved outcomes with supplements used alongside chemo).
- Supplements can:
 - Improve delivery of chemo to tumors (gingko and niacinimide)
 - Keep the chemo inside cells (theanine, EGCG, glutamine with MTX)
 - Push the cancer cell into a more susceptible state (arginine and quercetin)
 - Prevent deactivation of chemo by the cancer cell (theanine and quercetin)

Supplements Cont'd

- Prevent cancer cells from repairing themselves (caffeine)
- Force apoptosis (curcumin)
- Support immune system
 - Theanine (increases interferon gamma)
 - Arginine (increases NKC and T-cell function)
 - American ginseng (increases T-cell function)
 - Melatonin (increases IL-2, epidermal growth factor)
 - Avemar (increases T-cell function)
 - Vitamin C and others
 - AHCC - triples natural killer cell activity
- Prevent Metastases - (modified citrus pectin)

What types of cancer do we treat?

- Breast
- Pancreatic
- Lung
- Colon
- Ovarian
- Lymphoma
- Prostate
- Rectal
- Stomach
- Brain

Detoxification

- Detoxification – eliminate toxins, chemo agents and dead cancer cells
 - Exercise (sweating and deep breathing)
 - colon hydrotherapy
 - far-infrared sauna
 - kinotakara pads
 - Chelation (I.V. and oral)
 - Dental treatment or removal of amalgams and root canals

Alternative Cancer Therapies

- IPT
- Ozone
- Poly MVA
- IV Vitamin C
- Immunologic Therapy
- Carnivora
- Ukrain
- Laetrile
- Enzyme therapy
- Dietary – macrobiotic, Gerson, Kelly etc.
- Chelation
- Livingston

Alternative Cancer Therapies

- Antineoplastons
- 714X
- Mistletoe
- Revici
- Coley's toxin
- Hyperthermia
- Essiac tea
- Hoxsey's Formula
- Cesium, Rubidium, Germanium
- Nutritional and Herbal Support
- Detoxification: Colonics, FIR, etc
- And many others

Questions and answers



How do I contact you for an appointment?

- Call our office at 516-759-4200 to schedule an appointment with Dr. Linchitz

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Thank you for attending. We hope this information will assist you or a loved one.

Please feel free to call the office for an appointment or if you have additional questions, please come over to our booth.